



VOLUNTEER WAIVER, RELEASE & INDEMNITY FORM
(please read carefully before signing)

I understand and agree that my volunteer participation in **the Longest Game 4 CF** event, herein referred to as "LG4CF," that occurs from August 26 to September 5, 2011, organized, operated, conducted and/or sanctioned by Cystic Fibrosis Canada is conditional upon my execution of this document.

I agree:

- 1) That all times during the LG4CF event, my safety remains my sole responsibility, including my physical and emotional ability to participate in this event and any related activities leading up to the LG4CF event, and
- 2) That I will discontinue from participating in this event if requested to do so by any representative of Cystic Fibrosis Canada, of the LG4CF event organizers or if, at any time, at any event or program, I feel unable or unfit to safety continue for any reason, and
- 3) That I am aware of and voluntarily accept all potential risks associated with participating in the events and activities associated with the LG4CF, even if arising from the negligence, gross negligence or negligent rescue by those associated in any way with the LG4CF events I may be involved in, the venues at which these events and programs takes place or by those organizing, officiating, or participating in these events and programs, including their respective officers, directors, employees, agents, servants, volunteers and representatives.

I myself, my heirs, administrators and assigns HEREBY RELEASE, WAIVE and FOREVER DISCHARGE Cystic Fibrosis Canada and all its associations and sponsoring companies and all its respective agents, officials, officers, directors, employees, volunteers, servants, conductors, representatives, successors and assigns OF AND FROM ALL claims, demands, payments, actions, causes of action, damages, costs and expenses, in respect of death, injury, loss or damage to my person or property HOWEVER CAUSED arising or to arise by reason of my participation in the said event AND NOTWITHSTANDING that same may have been contributed by the negligence of any of the aforesaid.

I AGREE NOT TO SUE and I further agree TO HOLD AND SAVE HARMLESS and AGREE TO INDEMNIFY all the aforesaid from and against any and all liability incurred by and or all of them arising as a result or in any way connected to my participation in said event. BY SUBMITTING THIS ENTRY I ACKNOWLEDGE THAT I HAVE READ, UNDERSTOOD AND AGREED to the above AGREEMENT, RELEASE, WAIVER AND INDEMNITY, I WARRANT that I am physically able to participate in this event.

Volunteer's Name (print): _____

Address: _____ Phone Number: _____

Signature: _____ Date: _____

I am the parent or guardian of the above named volunteer, who is a minor (under the age of majority). I approve and give my consent to the participation of the said minor in this event and adopt the above release.

Parent/Guardian Signature: _____ Date: _____